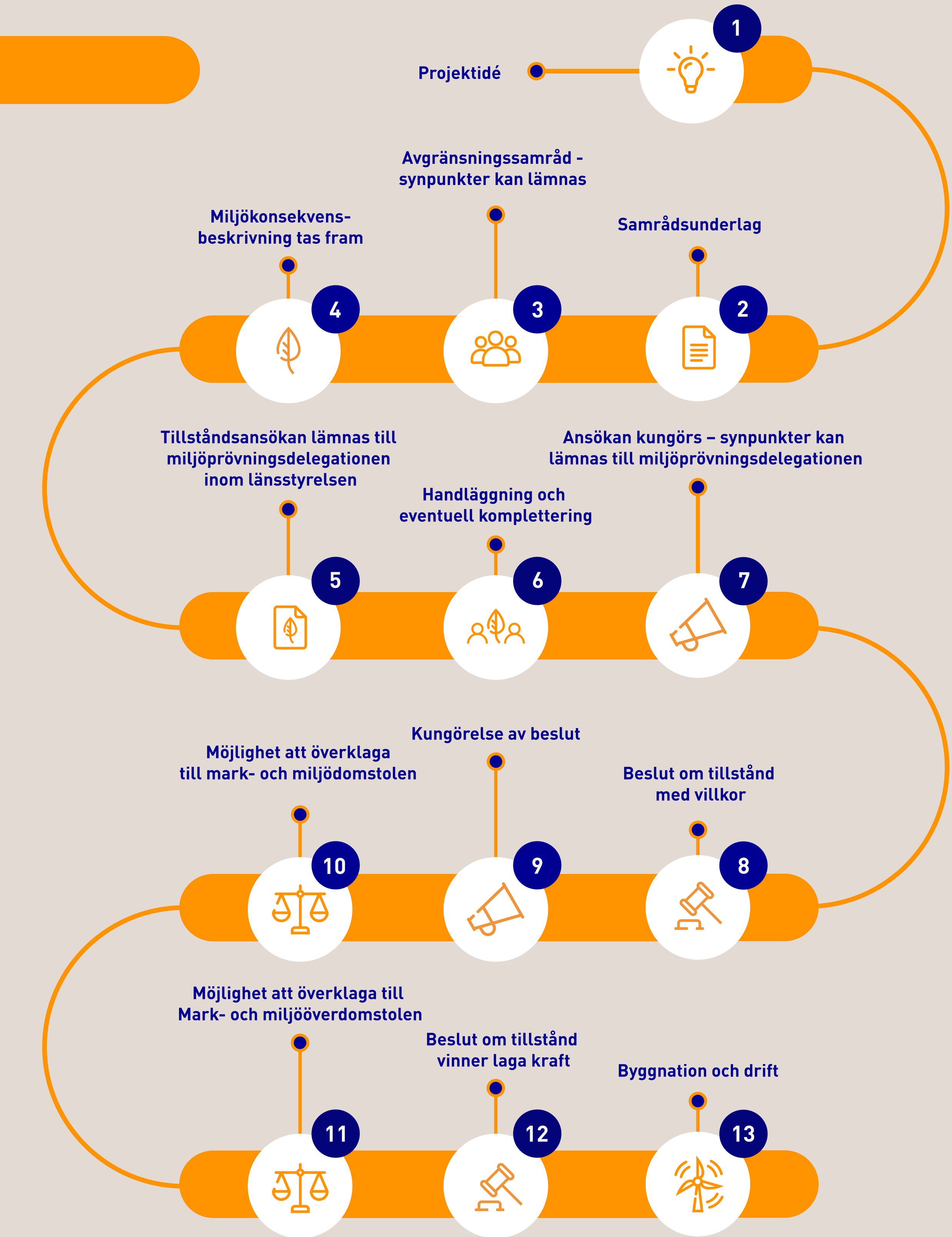Tillståndsprocessen